



Braehead Nursery **Food Allergies Policy**

Allergies / Dietary requirements

If you are aware that your child has an allergy / dietary requirement to certain foods or food product, please ensure that you inform staff and the information is added onto your child's individual care plan. Each term your child's All About Me form and SHANARRI form will go home to be reviewed by the parent/carer. If there are any changes to these forms, please update and return to Nursery promptly. If there are no changes, the forms still need to be returned. It is important that you tell us no matter how minor the allergy is. If your child has a known reaction to a food allergy, you will be given a 'Long Term Illness' sheet to complete and sign.

Individual photographs of the children with allergies and the food they have allergies to are kept visible in the Nursery kitchen for all adults to be aware of.

As some children have known allergies we kindly request that parents do not bring in food from home unless this has been agreed by the management of the Nursery. Any products which are taken in to share with the children (such as a birthday cake) must be shop bought, in the original packaging which clearly states the list of ingredients.

Staff Responsibilities

- Staff to ensure that when ordering the snack for the week that all allergies are considered.
- All gluten free food is kept on a separate shelf in the kitchen.
- No food is purchased that may contain nuts.
- Children with more than one food allergy have food stored in a container labelled with their photograph and the list of foods they have allergies to.
- For those children with more than one food allergy, there is a checklist for staff and parents to double check the food ingredients before serving snack.
- Staff will follow the individual 'Long Term Illness' protocols for each child in the case of an allergic reaction.