

**ABERDEEN CITY COUNCIL  
EDUCATION AND CHILDREN'S SERVICES**

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| <b>PRIORITY:</b>            |
| <b>Action:</b>              |
| <b>Respond By:</b>          |
| <b>Information:</b> ✓       |
| <b>Policy:</b> ✓            |
| <b>Procedure:</b>           |
| <b>Replaces Circular:</b>   |
| <b>Admin. Handbook Ref:</b> |

Dear Colleague

**CODE OF PRACTICE FOR WEARING JEWELLERY & WATCHES IN PHYSICAL EDUCATION**

Health and Safety is extremely important during every physical education lesson. All reasonable steps must be taken to ensure that foreseeable risks with the wearing of jewellery are managed.

To ensure a consistent message across Aberdeen City schools, the attached Code of Practice has been developed between the Aberdeen City Council Physical Education Network, Heads of Service and the Association for Physical Education.

Heads of Establishment are asked to ensure that all staff involved in the delivery of physical education lessons are made aware of and adhere to the code of practice. They should also ensure that all parents are made aware of this policy by including it in their school handbook and school website



**Euan Couperwhite**  
Head of Policy, Performance and Resources

**Circulation:** All Schools

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INTERIM DIRECTOR



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## **Code of Practice for Jewellery in Physical Education Introduction**

Aberdeen City Council (ACC) recognises its duty to ensure, so far as is reasonably practicable, the health, safety and welfare of employees and those affected by its activities. The wearing of personal effects, such as jewellery and watches, can present risks of injury to the person and / or others involved in an activity. Exposure to the risk of injury from such items can principally occur in Physical Education.

### **Code of Practice Aim**

To ensure that employees and others, such as school pupils, taking part in Physical Education lessons are aware

- of the hazards of wearing jewellery & watches
- that control measures are in place to avoid the risk of injury
- that to enable individuals to understand that, as well as the right to protection, they also have to exercise responsibility

### **Code of Practice Scope**

This policy applies to all Council schools where persons who are wearing jewellery and watches can potentially expose themselves and others to the risk of injury while taking part in Physical Education.

## PROCEDURE

The following advice has been checked by our legal team. It applies to ALL body jewellery and watches and is to be followed by all schools.

1. There should be risk assessments in place for wearing of jewellery (as well as everything else).
2. All schools should follow the advice of the Association for PE as follows:

The basic rule is that all jewellery should be removed as this then removes that particular hazard.

Where an item of jewellery cannot be removed then it is the adult teaching the group's responsibility to try to establish a safe situation to enable participation by considering how, or if, the context can be made safe by amending the task, conditioning the activity or creating some other management strategy to make participation safe. Where safe participation cannot be assured then the pupil cannot take part in that element of the lesson.

It is good practice to regularly ask if anyone is wearing body jewellery. If they disclose this then the process of removal or considering whether safe participation can be made possible should apply.

If there is no disclosure but some body piercing is seen during the session then from that point the process above needs to be applied – remove, make safe or take no further participation in aspects of the session that would put the wearer or others at risk.

Pupils should remove their own jewellery. This should be made clear to parents and carers. If the child is unable to do this themselves they should not wear any. School policy should explain this to parents from the outset.

3. The basics of the above to be displayed in PE changing rooms, gyms etc.
4. PE teachers should remind classes of this at the start of every lesson.

If teachers/schools follow the advice above, and risk assess, there should be no comeback if a pupil hides jewellery then has some jewellery related injury.